

# THE KINSHIP NAVIGATOR PROGRAM NEWSLETTER

An Official Newsletter of Lifeline, Inc.

## **Summer Fun**

School is out, summer is here! Now, what to do? There are a lot of fun places and activities in our own Lake County. From beaches, to parks, river fishing, summer concerts, festivals, events, summer camps, and summer reading; there is always something to do! The next several months, our newsletter will focus on summer enjoyment, activities, events and fun!

Swimming

## Beaches

Headlands Beach State Park 9601 Headlands Road Mentor

**Headlands Dunes State Nature Preserve** 9601 Headlands Road Mentor

Lake Metroparks Lake Erie Bluffs 3301 Lane Road and 2901 Clark Road Perry Township

**Lake Metroparks Fairport Harbor Lakefront Park** 301 Huntington Beach Drive Fairport Harbor

Lake Metroparks provides lifeguards and concessions at Fairport Harbor Lakefront Park during the summer season (Memorial Day through Labor Day). Although lifeguards are not present, swimming and wading is permitted at other parks unless otherwise posted. Lake Erie access is available at Lakeshore Reservation and Lake Erie Bluffs; river and creek access is available at a variety of parks throughout Lake County.

Kindly remember that swimming/wading is **not** permitted in ponds throughout the park district.

## Water Safety

• Never leave children alone near open bodies of water, even if they have completed swimming lessons.

• Home swimming pools should be surrounded by a four foot-high, non-climbable, four-sided fence with a self-closing, self-latching gate.

- Parents, caregivers and pool owners should learn CPR.
- Equipment approved by the U.S. Coast Guard, such as life preservers and life jackets, should be kept poolside.

#### , Swimming Pools

\*Please note that entrance fees may be required. Call to inquire about daily fees or season passes.

**City of Mentor Civic Center Waterpark** 8500 Munson Road, Mentor 440-974-5723

Walsh Spray Park 7221 Bellflower Road, Mentor 440-974-5720

**Dudley Pool** 31500 Willowick Drive, Willowick 440-943-3970

Manry Pool 30100 Arnold Road, Willowick 440-944-1575

**Osborne Park Pool** 38575 Lakeshore Boulevard, Willoughby (440) 953-4330

Willoughby Municipal Euclid Avenue Pool 36900 Euclid Avenue, Willoughby (440) 951-2800

Lake County YMCA Outdoor Family Center 4540 River Road, Perry (440) 259-2724

Painesville Splash Pad 301 Latimore St. Painesville 440-352-9301







## Summer Cooling



Help



The HEAP Summer Crisis Program at Lifeline, provides a onetime electric payment for eligible households. The program runs July 1<sup>st</sup> to September 30<sup>th</sup>. Eligible households may also qualify for a free air conditioner or tower fan. Call 211 for qualifications. Call 440-381-8230 to schedule an appointment or register online at: https://app.capappointments.com

Lifeline News

## New for the Summer

## Kinship Dates to Remember

FAMILY RESOURCE GATHER-INGS at The Family Resource Center of Wickliffe, 2255 Rockefeller Rd. Wickliffe OH 44092.

## 7/3, 7/17, 7/31, and 8/7

Join us for a resource gathering meeting, 11:00 A.M.- 12:30 P.M. Children are welcome. There will be an activity for the children and information for the adults. July 3<sup>rd</sup>, we will have information on internet safety for adults and children. **7/3** Lifeline Kinship resource and gathering: 11:00 A.M.-12:30 P.M. Resource Center of Wickliffe, 2255 Rockefeller Rd. Wickliffe OH 44092.

**7/23** Lifeline KNP In-person Kinship Support Group: 5:30 –7:00 P.M. at Morley Library, 3rd floor, 184 Phelps St. Painesville OH 44077. We will talk about internet safety.

KNP Coordinator: Andrea Johnson 440-354-2148 EXT 207. Email: <u>andreaj@lclifeline.org</u>

## How to Keep Your Family Safe with Fireworks



**Keep Your Distance.** Make sure everyone is positioned far back from where fireworks are being lit.

**Don't Investigate.** If a device does not go off, do not stand over it. Instead, have a bucket of water nearby to make sure it's out.

**Be Prepared for Problems.** Keep a fire extinguisher nearby and make sure you know how to operate it properly.

**Dispose Safely.** When you're finished with the fireworks, douse the remains with a bucket of water before disposing of them to avoid a trash fire.

https://www.safekids.org/blog/have-fun-fourth-leave-fireworks-professionals





## Sun Safety

Fairport Mardi Gras—7/3 thru 7/6 1:00-11:00 p.m.

- Prevent sunburn and sun damage by dressing your family in cotton clothing with a tight weave, sunglasses and hat with brim or bill.
- Stay in the shade when possible.
- Use sunscreen with an SPF of 15 or greater, even on cloudy days, and reapply every two hours and after sweating or swimming.

## Things to do in July 2024

Other

### <u>Music</u>

Mentor Rocks — 7/2; 7/4; 7/9; 7/16; 7/23; 7/28; 7/30; 7:00-9:00 p.m.

Painesville Concerts in the Park—7/3; 7/10; 7/24; 7/31; 6:00-8:00 p.m.

Concord Township Summer Concerts — 7/11; 7/18; 7/25; 6:30-8:30 p.m.

Concerts and More in the Glen — 7/5; 7/11; 7/26; 7:00-8:00 p.m.

Tunes in the Lagoons — 7/12; 7/26; 7:00-9:00 p.m.

Willowick Free Concerts in the Park—7/28; 6:00-8:00 p.m.



Call 211

Ask to speak to the Kinship Navigator

## **KINSHIP NEWSLETTER**

Mentor Civic Center Independence Day Celebration—7/4
Painesville Farmer's Market — 7/4; 7/11; 7/18; 7/25 12:00-4:00 p.m.
Painesville Car Cruise—7/5; 7/12; 7/19; 7/26; 5:00-8:00 p.m.
Lake Metroparks Farmpark Farmfest—7/13 9:00 a.m.-5:00 p.m.
Mentor Lagoons Family Movie Night—7/18; 8:00-10:00 p.m.
River Jamboree at Lake Metroparks—7/7; 1:00-4:00 p.m.
Painesville Party in the Park—7/19-7/21
Willoughby Arts Fest—7/20 10:00 a.m.-5:00 p.m.
Willowick Big Screen Outdoor Movie - Dudley Park—7/27
Lake County Fair—7/23-7/28



PAGE 2